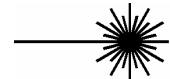


GENERAL SAILING INSTRUCTIONS 2010 (Iss 10/1)

International Laser UK Class Association



1. RULES

1.1 Racing will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the RYA, the rules of the International Laser Class (ILCA), the International UK Laser Class Association (UKLA), these Sailing Instructions and **Local Instructions**. Advertising is permitted under the Advertising Code and the Laser Class is unrestricted Category C.

1.2 A copy of the **Local Instructions** will either be given to each competitor or displayed on the Official Notice Board at least 90 minutes before the start of the first race affected. Flag L will not be displayed.

2. CONDITIONS OF ENTRY

2.1 The entry form requires the name of the competitor and the number of the boat. Points scored will be awarded to the competitor and no other person shall compete in that Laser in the Event. The competitor shall be a fully paid member of ILCA.

2.2.1 A competitor is entirely responsible for his/her own safety whether afloat or ashore and nothing in the Notice of Race or Sailing Instructions or anywhere else reduces this responsibility.

2.2.2 It is for the competitor to decide if he/she is fit to sail in the conditions he/she might encounter and by launching or going to sea the competitor confirms that he/she is fit for those conditions and competent to sail and compete in them.

2.2.3 The competitor is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £2,000,000.

2.2.4 Nothing done by the organizers can reduce the responsibility of the competitor nor will it make the organizers responsible for any loss, damage, death, or personal injury however it may have occurred as a result of a competitor taking part in the racing. The organizers encompass everyone helping to run the race and the event, and include the organizing authority, the race committee, the race officer, safety boats and beach-masters.

2.2.5 The provision of patrol boats does not relieve the competitor of his/her responsibilities.

2.3 A Laser shall display above the waterline while racing:
(a) A sticker as supplied by UKLA denoting current class membership.
(b) Any event sponsor sticker supplied at registration, at the bow on each side of the hull. If one is lost, a replacement shall be sought on going ashore.
This SI is not protestable by another Laser & changes RRS 60.1.

2.4 The Standard fleet will race as one fleet but is sub-divided into Gold, Silver and Bronze categories as described in the Notice of Race.

3. SAFETY

3.1 Adequate personal buoyancy (with a minimum buoyancy of at least 50 Newtons and being either a life-jacket or a waistcoat-type buoyancy aid) shall be worn while afloat. Flag Y will not be displayed. This changes RRS 40.

3.2 The host club's **local instructions** may specify a tally system. Each time a Laser does not comply with this tally system within the time limit in the **local instructions** a non-returnable fee of £5 shall be paid to the UKLA before the Laser races again. The penalty for non-payment will be disqualification from all races in the event.

3.3 This prevails over anything to the contrary in any local instruction or club rule. After the event, the fee will be donated to RNLI.

4. COMMUNICATION WITH COMPETITORS

4.1 The class flags, used as warning signals, are:-
Standard - Red Laser symbol on a white background.
Radial - Red Laser symbol on a green background.
4.7 - Red Laser symbol on a yellow background

4.2 Notices to Competitors will be posted on the Official Notice Board.

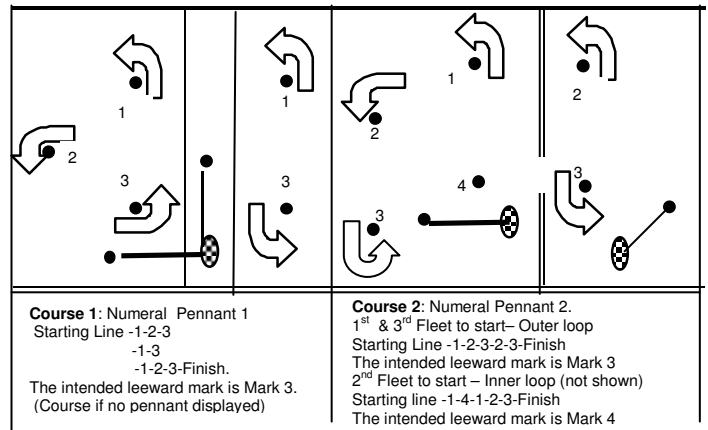
4.3 Changes to these Sailing Instructions will be posted on the Official Notice Board at least 90 minutes before the first race of the day.

4.4 A whistle blown by a member of the protest committee during a race 'a member of the protest committee believes a boat has broken a rule'.

4.5 For identification purposes 'sail number' shall mean a maximum of the four last digits of a Laser sail number. If as a result there is a conflict between two or more 'sail numbers' the International Laser UK Class Association will allocate modified number(s) to be displayed by one or more of the boats throughout the event.

5 COURSES

5.1 The diagrams are illustrative only, not to scale, and do not show the bearing or distance of any mark from any other mark. All marks to be rounded to port. The first mark of the course is mark 1.



5.2 DESCRIPTION OF MARKS

The starting mark, the course marks, the substitute mark (if any) and the finishing mark(s) will be described in the **Local Instructions**.

5.3 CHANGE OF COURSE AFTER THE START

When it is necessary and possible, the race committee will either move the position of the mark, or lay the substitute mark.

5.4 SHORTENING COURSE

5.4.1 No course will be shortened until the Lasers have reached the intended leeward mark.

5.4.2 Subject to SI 5.4.1, any course may be shortened at any mark. In addition, when a finishing line described in SI 8 has been laid in the vicinity of the intended leeward mark, and when flag S is displayed with two sound signals from the finishing boat the meaning of flag S is changed to: 'The course is changed, and the intended leeward mark is the last mark of the course. Pass the mark to port and finish'.

6. STARTS

6.1 The warning signal for the first race of the day is intended to be made at 1155 on the Saturday and at 0955 on the Sunday. It is intended that five races will be sailed in the event, target 3 on Saturday, maximum 3 on any day, back-to-back. No warning signal shall be made after 1500 hours on Sunday. When the race committee decides that a race not yet started on the Sunday cannot be completed in the time available for the event, it will signal N over H and post a cancellation notice ashore.

6.2 Races will be started using RRS 26. It is intended that the first start will be for the Standard Laser fleet, followed by the Radial fleet, followed by the 4.7 fleet, where applicable.

The warning signal for the subsequent starts will be made either with the starting signal for the previous start, or as soon as possible thereafter (without flag AP needing to be displayed).

6.3 The starting line is from a mast or staff displaying an orange flag on the race committee boat at the starboard end to either a mast or staff displaying an orange flag on the race committee boat at the port end, or to the windward extremity of the starting mark. **Local instructions** will say which applies.

- 6.4 When a buoy, described in the **local instructions** as an inner limit buoy, is laid adjacent to the starting line near a race committee boat, no part of any Laser shall cross a line from the buoy to the nearby mast or staff displaying an orange flag while racing. Neither the buoy nor the line is an obstruction.
- 6.5 The race committee will neither display flag X nor make a sound signal when a boat must comply with RRS Definition "Start", or with RRS 30.1 "Round-an-end" Rule. This changes RRS 29.1. The responsibility for starting correctly remains with the competitor.
- 6.6 When a class flag is flown 'at the dip' before a warning signal, it denotes that that class is intended to be the next to start. The flag will be lowered with a repetitive sound signal and the warning signal made no less than 1 minute later. This adds to the meaning of Race Signals.
- 6.7 At the warning signal of a class, all Lasers not involved in that start shall move to, and remain in, the 'holding area' which is behind an imaginary line 100m to leeward of the start line and its extensions until the starting signal of the starting class. In 'moving to' the 'holding area', non-starting Lasers must pass outside the starting line.
- 6.8 When the black flag is flown without a class flag, it denotes that the race committee is attempting to re-set the start line and course marks and that all competitors not sailing at competitive speeds to windward shall move to, and remain in, the 'holding area' until the black flag is lowered.
- 7. BLACK FLAG STARTS**
- 7.1 When a race that is started under RRS 30.3, the Black Flag Rule, is recalled, the sail numbers, as defined in 4.5, of disqualified Lasers will be displayed on the committee boat for at least three minutes.
- 7.2 When the race is restarted, a disqualified Laser shall not sail within 100 meters of the starting line before the starting signal, nor after the starting signal within an imaginary line drawn 100 meters outside any area where a Laser might sail while racing. The penalty for breaking this sailing instruction is that the disqualification becomes non-excludable (DNE).
- 8. FINISHING LINE**
- 8.1 The finishing line will be between the staff or mast displaying an orange flag on the finishing vessel, and the finishing mark.
- 8.2 When course No.1 is signaled, the starting vessel is also the finishing vessel. When course No.2 is signalled there will be a separate finishing vessel which is intended to be to leeward of the start line.
- 8.3 A Laser who has lost contact with the majority of the fleet may be told on the water that he/she need not complete the course. An appropriate finishing position will be recorded. Redress may not be sought if failure to return to the starting area results in the start of the next race being missed.
- 8.4 A boat that, after finishing, passes through the line from the finished side will be taken as still racing and returning to the racing side to complete penalties. Her finishing position will be deleted. A boat that passes through the finish line for multiple times from the course side will be assumed to have completed penalty turns before finishing correctly and will be awarded the finishing position when she last crossed the finishing line. This alters RRS 28.1.
- 9. TIME LIMIT**
- 9.1 RRS 35 will not apply. The time limit for finishing will be 2 hours for the first Laser in its start that finishes, extended by 25 minutes for Standard fleet Lasers and by 30 minutes for Radial fleet Lasers and by 40 min for the 4.7 Laser fleet. When no Laser finishes within 2 hours, the race will be abandoned. The race committee will signal the closure of the finishing line by making five sound signals and lowering the blue and orange flags.
- 10. IMMEDIATE PENALTIES FOR BREAKING RULE 42**
- 10.1 RRS Appendix P applies.
- 11. DECLARATIONS**
- 11.1 When a Laser has taken either a two-turns penalty or a one-turn penalty, or has retired-after-finishing (RAF), the competitor shall complete a declaration on the Official Notice Board within her protest time limit. This does not apply to penalties incurred under RRS Appendix P.
- 12. PROTESTS**
- 12.1 The protest committee may disqualify a Laser without a hearing, which changes RRS 63.1, for:
- Touching a mark and neither retiring nor taking a penalty.
 - Not wearing adequate buoyancy while racing.
 - Being found after the weighing of clothing and equipment to have broken RRS 43.
- 12.2 The time limit for a Laser to lodge a written protest or request for redress is 20 minutes after the last Laser in her fleet comes ashore for the day, except that the time limit for a Laser to seek redress because of something she learns of for the first time in the results is within 15 minutes of the posting of the results. The time limit for the race committee or protest committee to lodge a written protest is 40 minutes after the last Laser comes ashore for the day.
- 12.3 Not later than 60 minutes after the last Laser in her fleet comes ashore for the day, the protest committee will post a list of protestors and protestees and a schedule of the order of protest hearings. This is the notification required under RRS 63.2, Time and Place of the Hearing.
- 12.4 Not later than 60 minutes after the last Laser in her fleet comes ashore for the day, the protest committee will post a list of Lasers disqualified under SI 12.1 (a) or (b). A Laser disqualified without a hearing is entitled to a hearing on request if she asks for it within 15 minutes after the notice is posted.
- 12.5 The protest committee will post on the Official Notice Board, shortly after the last Laser in her fleet comes ashore for the day, the actual time limits relating to the above.
- 13. WEIGHING**
- 13.1 A competitor selected for the weighing of clothing and equipment shall comply with the instructions of the official concerned.
- 14. SCORING**
- 14.1 The event will be scored using the Low Points System of Appendix A; the score for DNC will be decided by the race committee. 5 races are scheduled, of which 2 races shall be completed to constitute a valid series. Each Laser's series score will be the total of her race scores with her worst score discarded if 3 or more races have been completed. Prizes for Gold, Silver and Bronze categories will be taken without rescoring from the overall result
- 15. SUPPORT BOATS**
- Coach boats and other support personnel shall not be in the racing area during the period between the first preparatory signal of the first fleet and the finish of the last boat in the last fleet except when a postponement is signalled or a rescue operation required. The racing area is within 100m of the start line and an imaginary line drawn 100m outside any point where a boat might sail during normal racing
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- ADVICE TO COMPETITORS**
- (1) On the question of whether a boat is OCS or not at the moment of the starting signal, the protest committee (PC) will accept the judgment of the race committee rather than that of the sailor. For a boat to be given redress, conclusive evidence must be presented to the PC that the race committee has made an error in recording the OCS. Even video evidence is rarely conclusive and the burden of proof must be 'beyond reasonable doubt' rather than 'on the balance of probabilities'. In the absence of conclusive evidence to the contrary the PC will uphold the race committee's decision.
- (2) Before going afloat you should to take account of the current weather forecast and conditions which you might expect to encounter on the water and your ability to deal with these conditions.
- Your adequate personal buoyancy should be of the correct type and be capable of supporting your total weight.
 - If you get into difficulties you should stay with your Laser.
 - If your Laser is capsized and you are unable to right it you should sit on the upturned hull and attract the attention of a safety boat.
 - To attract the attention of a safety boat you should hold both arms outstretched with the palms of your hands open.
 - If the crew of a safety boat instruct you to leave your Laser and board the safety boat do so without delay.
 - To signal to a safety boat that you are not in distress you should hold out one arm with the palm of your hand closed. In bad visibility stay close to the rest of the fleet.